

Fitting Instructions For Vantage Walkers

VANTAGE WALKERS

The Vantage family of Walkers are intended as “walking boots” used to immobilize or control the range of motion in the ankle trauma, following cast removal or post-operatively.

GENERAL APPLICATION INSTRUCTIONS:

1. Place foot & leg inside foam liner with heel firmly back, wearing a sock is recommended.
2. Pads may be inserted to accommodate extra space at either side of ankle or at the heel. The larger tongue pad should be positioned over the top of the foot before securing the liner.
3. Close the liner snugly, securing the Velcro closures
4. Position the heel of the foot against the back of the “rockered” boot. Brace uprights should be positioned midline over the ankle.
5. Press the uprights securely against the lines. If there is a slight overlap, position the upright under the overlap. (This will allow later removal of the brace without changing the position of the upright.
6. Position the tibial straps in an alternating fashion and secure all straps.
7. Secure straps on foot plate.

SPECIAL NOTES FOR ROM-CAM Walker:

The ROM-Cam Walker shipped in the neutral position (zero degrees). If a fixed position other than neutral is desired, please follow these instructions.

For Fixed ankle:

1. Remove the capscrew and rotate the face cover, exposing the desired control points.
2. Remove the desired control pins and replace in the desired control points, noting the setting marks. The pins can be easily removed by pushing from behind.
3. Match the control setting in the placement of the control pins, i.e. 7½-7½ for 7½ degrees of plantarflexion.
4. Rotate the face cover back to its original position and replace the lockout capscrew.

Free or Limited Motion:

1. Remove the capscrew and rotate the face cover, exposing the desired control points.
2. Remove the desired control pins and replace in the desired control points, noting the setting marks. The pins can be easily removed by pushing from behind.
3. Select the control setting for the placement of the control pins for the desired range of motion needed. For free motion the pins should not be replaced.
4. Rotate the face cover back to its original position and replace the lockout capscrew.

CARE AND CLEANING:

All of the Vantage Walkers can be washed with mild soap and water and air dried. Liners should be removed and hand washed with a mild soap, rinsed thoroughly and air dried only.

Vantage walkers are intended for use only on the order of a health care professional.
They are not intended for use beyond 120 days, are not reusable, and are intended for rehabilitative use only.